

My Parenting Story

Name:

This guide will show DJC caseworkers who I am as a parent

1 What I love about my child

I want you to know how important my child is

My child's name is:

Something they are really good at is:

When we are together, we love to:

2 My parenting strengths

These are the things I do well

I am a good parent because:

When my child is upset, I help them by:

3 How I use my tools

Because of my disability, I use these things to help me be a good parent:

4 My problem solving story

I know how to get help when things are hard

This is one time things were difficult:

I solved the problem by:

This shows I know who to call when I need support