

QUICK GLANCE SHEET

Designed to be kept in your notebook or on your tablet when working with people with cognitive disability

- Am I looking at and speaking directly to the person, rather than their support person?
- Is the room too loud or bright? Does the person feel comfortable in this space?
- Have I paused after asking a question to allow for processing time?
- Have I removed jargon and acronyms from this conversation?
- Can I draw a diagram, show a photo, or provide a social story to explain this concept?
- Am I giving too much information at once?
- Am I supporting the person's right to take a risk, even if I personally disagree with their choice?
- Have I checked for understanding? Has the person been able to explain their understanding in their own words?