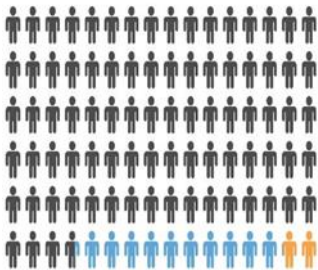




**Wash your hands many times a day with soap for
20 seconds**

20 seconds is how long it takes to sing Happy Birthday
song twice



Wash your hands with soap and warm water



If you cannot wash your hands use hand sanitiser



What is coronavirus?

Having coronavirus feels a lot like having the flu



The most common signs are:

Some people have a dry cough



Some people get a high temperature called a fever



Some people might find it harder to breathe



Having coronavirus feels different for everyone



Most people feel quite unwell when they have the virus



If you are feeling sick you should ring your doctor.
They will let you know what to do



People who become sick may need to go to hospital
for treatment



How does the coronavirus spread from person to person?

The virus can pass in the air from coughs and sneezes



It can live on things that you or other people have touched



Even if people do not feel sick at all they could still pass on the virus to someone else



It is everyone's job to help stop the virus from spreading